

**“A Place  
Where Everyone  
Matters”**



**A Journey and a Destination. Recovery Happens Here!**

# December 2018

**SUN MON TUES WED THUR FRI SAT**



**1**  
10:30 Wellness  
Conversations /Move It  
12:00 Coping in Crisis  
2:00 Man Up!

**Hanukkah Begins** **2**

**Super Sunday  
Fun Day**



**3**

10:30 Wellness  
Conversations /Move It  
12:00 Communication  
Skills  
3:00 Anxiety Support  
4:00 Recovering in  
Community

**4**

10:30 Wellness  
Conversations /Move It  
12:00 Setting  
Boundaries  
2:00 Positive Thinking  
3:00 Emotions Support

**5**

10:30 Wellness  
Conversations /Move It  
2:00 Alcohol & Other  
Drugs Support  
4:00 Anger Recovery

**St. Nicholas day** **6**

10:30 Wellness  
Conversations /Move It  
12:00 LBGTQ Support  
2:00 Dual Diagnosis  
3:00 Veterans Support  
4:00 Alcohol Recovery

**7**

10:30 Wellness  
Conversations /Move It  
12:00 Healthy  
Relationships  
1:00 Women's Support  
3:00 Movie

**Open 1:00  
Staff Development** **8**

2:00 Man Up!



**Super Sunday  
Fun Day** **9**



**10**

10:30 Wellness  
Conversations /Move It  
12:00 Communication  
Skills  
2:00-4:00 HIV/STI Testing  
3:00 Anxiety Support  
4:00 Recovering in  
Community

**11**

10:30 Wellness  
Conversations /Move It  
12:00 Setting  
Boundaries  
1:00 ACB/Code of  
Conduct Review-WEST  
2:00 Positive Thinking  
4:00 OSU Pharmacy  
Students

**12**

10:30 Wellness  
Conversations /Move It  
11:00 Santa Visit  
2:00 Alcohol & Other  
Drugs Support  
4:00 Handling Conflict



**13**

10:30 Wellness  
Conversations /Move It  
12:00 LBGTQ Support  
2:00 Dual Diagnosis  
3:30 All-Associate Round  
Table & Birthday Bash

**14**

10:30 Wellness  
Conversations /Move It  
12:00 Healthy  
Relationships  
1:00 Women's Support  
3:00 Movie

**15**

10:30 Wellness  
Conversations /Move It  
12:00 Coping in Crisis  
2:00 Man Up!



**Super Sunday  
Fun Day** **16**



**17**

10:30 Wellness  
Conversations /Move It  
12:00 Communication  
Skills  
3:00 Anxiety Support  
4:00 Recovering in  
Community

**Hanukkah Ends** **18**

10:30 Wellness  
Conversations /Move It  
12:00 Setting  
Boundaries  
2:00 Positive Thinking  
3:00 Emotions Support

**19**

10:30 Wellness  
Conversations /Move It  
2:00 Alcohol & Other  
Drugs Support  
4:00 Anger Recovery

**20**

10:30 Wellness  
Conversations /Move It  
12:00 LBGTQ Support  
2:00 Dual Diagnosis  
3:00 Veterans Support  
4:00 Alcohol Recovery

**Winter Solstice** **21**

10:30 Wellness  
Conversations /Move It  
12:00 Healthy  
Relationships  
1:00 Women's Support  
3:00 Movie

**22**

10:30 Wellness  
Conversations /Move It  
12:00 Coping in Crisis  
2:00 Man Up!



**23/30  
Super Sunday  
Fun Day**



**24 Christmas Eve**

**31 New Year's Eve  
Fun Day  
All Day!!**



**Christmas Day** **25**

12:00 Holiday  
Celebration  
3:00 BINGO  
4:00 Movie



**Kwanzaa** **26**

10:30 Wellness  
Conversations /Move It  
2:00 Alcohol & Other  
Drugs Support  
4:00 Handling Conflict

**27**

10:30 Wellness  
Conversations /Move It  
12:00 LBGTQ Support  
2:00 Dual Diagnosis  
3:00 Veterans Support  
4:00 Alcohol Recovery

**28**

10:30 Wellness  
Conversations /Move It  
12:00 Healthy  
Relationships  
1:00 Women's Support  
3:00 Movie

**29**

10:30 Wellness  
Conversations /Move It  
12:00 Coping in Crisis  
2:00 Man Up!



## West

860/866

West Broad St.  
Columbus, Ohio 43222  
Phone: 614-453-4840  
Fax: 614-453-4845  
www.thepeercenter.org

### Hours:

Daily 10:00am-6:00pm  
Including Holidays

Daily Warmline  
10pm-2am

614-358-TALK(8255)

Daily Activities: Arts/  
Crafts, Media Center,  
Resource Center, Peer  
Support & Socialization

See *Bolded* Items for New  
and/or Featured Groups,  
Outings and Updates\*

