A Place Where Everyone Mattters"



A Journey and a Destination, Recovery Happens Here!

January 2019

860/866

West Broad St. Columbus, Ohio 43222 Phone: 614-453-4840 Fax: 614-453-4845 www.thepeercenter.org

Hours: Daily 10:00am-6:00pm **Including Holidays**

Daily Warmline 10pm-2am 614-358-TALK(8255)

Daily Activities: Arts/ Crafts, Media Center, Resource Center, Peer **Support & Socialization**

See **Bolded** Items for New and/or Featured Groups, Outings and Updates*

Happy 12th Anniversary (I) The PEER. Center January 2nd



TUES

New Years Day

Fun Dav

All Day!

The PEER Center's 12th Anniversary! 10:30 Wellness

Conversations / Move It 12:00 Emotions Support 1:00 Alcohol Recovery 4:00 Anger Recovery

110:30 Wellness Conversations / Move It 12:00 Opiate Recovery 1:00 LBGTQ Support 3:00 Dual Diagnosis 4:00 PTSD Support

10:30 Wellness Conversations / Move It 12:00 Healthy Relationships 1:00 Computer Skills 3:00 Movie

Conversations / Move It 12:00 Coping in Crisis 2:00 Man Up!

10:30 Wellness

Super Sunday Fun Day



10:30 Wellness Conversations / Move It 12:00 Communication

1:00 Woman Rise 3:00 Anxiety Support 4:00 Recovering in Community

10:30 Wellness Conversations / Move It 12:00 Setting **Boundaries**

1:00 AGB/Code of **Conduct Review-WEST** 2:00 Positive Thinking 3:00 Wellness in Art

10:30 Wellness Conversations / Move It 12:00 Emotions Support 1:00 Alcohol Recovery 2:00 Recovery Stories 4:00 Handling Conflict

10:30 Wellness Conversations / Move It 12:00 Opiate Recovery 1:00 LBGTO Support 3:30 All-Associate Round

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10:30 Wellness Conversations /Move It 12:00 Movie Outing

12:00 Healthy Relationships 1:00 Computer Skills 3:00 Movie

10:30 Wellness Conversations / Move It 12:00 Coping in Crisis



Open at 1:00 Due to 13 Staff Development

Super Sunday Fun Day



10:30 Wellness Conversations / Move It 12:00 Communication Skills 1:00 Woman Rise

2:00-4:00 HIV/STI Testing 3:00 Anxiety Support 4:00 Recovering in Community

10:30 Wellness Conversations / Move It 12:00 Setting **Boundaries** 2:00 Positive Thinking 3:00 Wellness in Art 4:00 OSU Pharmacy

Students

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10:30 Wellness Conversations / Move It 12:00 Emotions Support 1:00 Alcohol Recovery 2:00 Recovery Stories 4:00 Anger Recovery

10:30 Wellness Conversations / Move It 12:00 Opiate Recovery 1:00 LBGTQ Support 3:00 Dual Diagnosis 4:00 PTSD Support

10:30 Wellness Conversations / Move It 12:00 Healthy Relationships 1:00 Computer Skills 3:00 Movie

10:30 Wellness Conversations / Move It 12:00 Coping in Crisis 2:00 Man Up!



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Super Sunday Fun Day

Martin Luther King Day 21

A Day of Service & Giving Back!

10:30 Wellness Conversations / Move It 12:00 Setting **Boundaries**

1:00 AGB/Code of Conduct Review-EAST 2:00 Positive Thinking 3:00 Wellness in Art

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10:30 Wellness Conversations / Move It 12:00 Emotions Support 1:00 Alcohol Recovery 2:00 Recovery Stories 4:00 Handling Conflict

10:30 Wellness Conversations / Move It 12:00 Opiate Recovery 1:00 LBGTQ Support 3:00 Dual Diagnosis 4:00 PTSD Support

10:30 Wellness Conversations / Move It 12:00 Healthy Relationships

1:00 Computer Skills 3:00 Movie





Super Sunday Fun Day

Skills 3:00 Anxiety Support 4:00 Recovering in Community

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10:30 Wellness 10:30 Wellness Conversations / Move It Conversations / Move It 12:00 Communication 12:00 Setting **Boundaries** 1:00 Woman Rise

2:00 Positive Thinking 3:00 Wellness in Art

30 10:30 Wellness

Conversations / Move It 12:00 Emotions Support 1:00 Alcohol Recovery 2:00 Recovery Stories 4:00 Anger Recovery

10:30 Wellness Conversations / Move It 12:00 Opiate Recovery 1:00 LBGTQ Support 3:00 Dual Diagnosis 4:00 PTSD Support

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ADAMH

Peers Enriching Each others' Recovery

Experience The Power of PEERs