

**“A Place
Where Everyone
Matters”**



A Journey and a Destination. Recovery Happens Here!

April 2019



West

860/866

West Broad St.

Columbus, Ohio 43222

Phone: 614-453-4840

Fax: 614-453-4845

www.thepeercenter.org

Hours:

Daily 10:00am-6:00pm
Including Holidays

Daily Warmline
10pm-2am

614-358-TALK(8255)

Daily Activities: Arts/
Crafts, Media Center,
Resource Center, Peer
Support & Socialization

See *Bolded* Items for New
and/or Featured Groups,



SUN	MON	TUES	WED	THU	FRI	SAT
	1 April Fool's Day 10:30 Wellness Conversations /Move It 12:00 Communication Skills 1:00 Anxiety Support 3:00 Woman Rise 4:00 Recovering in Community	2 10:30 Wellness Conversations /Move It 12:00 Setting Boundaries 2:00 Positive Thinking 3:00 Wellness in Art 4:00 Addiction Support	3 10:30 Wellness Conversations /Move It 12:00 Emotions Support 1:00 Alcohol Recovery 3:00 ADHD Support 4:00 Anger Recovery	4 10:30 Wellness Conversations /Move It 12:00 Opiate Recovery 1:00 LBGQT Support 3:00 Dual Diagnosis 4:00 PTSD Support	5 10:30 Wellness Conversations /Move It 12:00 Healthy Relationships 1:00 Coping With Stress 2:00 Computer Skills 3:00 Movie	6 10:30 Wellness Conversations /Move It 12:00 Coping in Crisis 2:00 Man to Man 3:00 Relapse Prevention
7 Super Sunday Fun Day 	8 10:30 Wellness Conversations /Move It 12:00 Communication Skills 1:00 Anxiety Support 2:00-4:00 HIV/STI Testing 3:00 Women Rise 4:00 Recovering in Community Support	9 10:30 Wellness Conversations /Move It 12:00 Setting Boundaries 1:00 AGB/Code of Conduct Review-WEST 2:00 Positive Thinking 3:00 Wellness in Art 4:00 Addiction Support	10 10:30 Wellness Conversations /Move It 12:00 Emotions Support 1:00 Alcohol Recovery 3:00 ADHD Support 4:00 Handling Conflict	11 10:30 Wellness Conversations /Move It 12:00 Opiate Recovery 1:00 LBGQT Support 3:30 All-Associate Round Table & Birthday Bash 	12 10:30 Wellness Conversations /Move It 11:00 Bowling Outing 12:00 Healthy Relationships 1:00 Coping With Stress 2:00 Computer Skills 3:00 Movie	13 Open at 1:00 Due to Staff Development 2:00 Man to Man 3:00 Relapse Prevention
14 Super Sunday Fun Day 	15 10:30 Wellness Conversations /Move It 12:00 Communication Skills 1:00 Anxiety Support 3:00 Woman Rise 4:00 Recovering in Community	16 10:30 Wellness Conversations /Move It 12:00 Setting Boundaries 2:00 Positive Thinking 3:00 Wellness in Art 4:00 OSU Pharmacy Students	17 10:30 Wellness Conversations /Move It 12:00 Emotions Support 1:00 Alcohol Recovery 3:00 ADHD Support 4:00 Anger Recovery	18 10:30 Wellness Conversations /Move It 12:00 Opiate Recovery 1:00 LBGQT Support 3:00 Dual Diagnosis 4:00 PTSD Support	19 10:30 Wellness Conversations /Move It 12:00 Healthy Relationships 1:00 Coping With Stress 2:00 Computer Skills 3:00 Movie	20 10:30 Wellness Conversations /Move It 12:00 Coping in Crisis 2:00 Man to Man 3:00 Relapse Prevention
21 Easter Super Sunday Fun Day 	22 10:30 Wellness Conversations /Move It 12:00 Communication Skills 1:00 Anxiety Support 3:00 Woman Rise 4:00 Recovering in Community	23 10:30 Wellness Conversations /Move It 12:00 Setting Boundaries 1:00 AGB/Code of Conduct Review-EAST 2:00 Positive Thinking 3:00 Wellness in Art 4:00 Addiction Support	24 10:30 Wellness Conversations /Move It 12:00 Emotions Support 1:00 Alcohol Recovery 3:00 ADHD Support 4:00 Handling Conflict	25 10:30 Wellness Conversations /Move It 12:00 Opiate Recovery 1:00 LBGQT Support 3:00 Dual Diagnosis 4:00 PTSD Support	26 10:30 Wellness Conversations /Move It 12:00 Healthy Relationships 1:00 Coping With Stress 2:00 Computer Skills 3:00 Movie	27 10:30 Wellness Conversations /Move It 12:00 Coping in Crisis 2:00 Man to Man 3:00 Relapse Prevention
28 Super Sunday Fun Day 	29 10:30 Wellness Conversations /Move It 12:00 Communication Skills 1:00 Anxiety Support 3:00 Woman Rise 4:00 Recovering in Community	30 10:30 Wellness Conversations /Move It 12:00 Setting Boundaries 2:00 Positive Thinking 3:00 Wellness in Art 4:00 Addiction Support	<div style="background-color: #0070C0; color: white; padding: 10px;"> <p style="font-size: 24px; font-weight: bold; text-align: center;">APRIL is NATIONAL MINORITY HEALTH MONTH</p> <p style="font-size: 12px; text-align: center;">An inclusive initiative that addresses the health needs of African Americans, Hispanics, Asians, Native Americans, and other minorities. Its goal is to strengthen the capacity of local communities to eliminate the disproportionate burden of premature death and preventable illness in minority populations through prevention, early detection, and control of disease complications. ■</p> </div>			

Peers Enriching Each others' Recovery

Experience The Power of PEERS