

**"A Place  
Where Everyone  
Matters"**



**A Journey and a Destination. Recovery Happens Here!**

# September 2019

## West

860/866  
West Broad St.  
Columbus, Ohio 43222  
Phone: 614-453-4840  
Fax: 614-453-4845  
www.thepeercenter.org


**Hours:**  
Daily 10:00am-6:00pm  
Including Holidays

**Daily Warmline**  
10pm-2am  
614-358-TALK(8255)

Daily Activities: Arts/  
Crafts, Media Center,  
Resource Center, Peer  
Support & Socialization

See *Bolded* Items for New  
and/or Featured Groups,  
Outings and Updates\*

The PEER Center's  
PEER Voices Educational Series:  
**Recovery Planning &  
Resource Building**  
September 18th  
9:00am-1:00pm  
The PEER Center—WEST  
McMahon Training Room  
860 / 866 West Broad St.  
Columbus, OH 43222

SUN	MON	TUES	WEDS	THUR	FRI	SAT
<b>Open 10:00-1:00</b> <b>1</b> <b>Recovery Month</b> <b>"A September to Remember"</b> <b>Wolfe Park</b> <b>1:30-4:30</b>	<b>2</b> <b>Labor Day</b> <b>All Day</b> <b>Fun Day</b> 	<b>3</b> 10:30 Wellness Conversations/Move It 12:00 Setting Boundaries <b>2:00 Emotions Group</b> 3:00 Addiction Spt.	<b>4</b> 10:30 Wellness Conversations/Move It 1:00 Alcohol Recovery 2:00 ADHD Support 3:00 Anger Recovery/ Handling Conflict	<b>5</b> 10:30 Wellness Conversations/Move It 12:00 Wellness in Art 1:00 LBGTQ Support 3:00 PTSD Support	<b>6</b> 10:30 Wellness Conversations/Move It 12:00 Healthy Relationships 1:00 Positive Thinking <b>2:00 Opiate Recovery</b> <b>3:00 Movie</b>	<b>7</b> 10:30 Wellness Conversations/Move It 12:00 Coping in Crisis 2:00 Man to Man 3:00 Relapse Prevention
<b>8</b> <b>Super Sunday</b> <b>Fun Day</b> 	<b>9</b> 10:30 Wellness Conversations/Move It 12:00 Communication Skills 1:00 Anxiety Support 2:00 Coping w/Stress 3:00 Woman Rise	<b>10</b> 10:30 Wellness Conversations/Move It 12:00 Setting Boundaries <b>1:00 AGB/Code of            Conduct Review: WEST</b> <b>2:00 Emotions Group</b> 3:00 Addiction Spt.	<b>11</b> 10:30 Wellness Conversations/Move It 1:00 Alcohol Recovery 2:00 ADHD Support 3:00 Anger Recovery/ Handling Conflict <b>4:00 Recovery in            Community</b>	<b>12</b> 10:30 Wellness Conversations/Move It 12:00 Wellness in Art 1:00 LBGTQ Support <b>3:30 All-Associate            Round Table &amp;            Birthday Bash</b> 	<b>13</b> 10:30 Wellness Conversations/Move It 12:00 Healthy Relationships 1:00 Positive Thinking <b>2:00 Opiate Recovery</b> <b>3:00 Movie</b>	<b>14</b> 10:30 Wellness Conversations/Move It 12:00 Coping in Crisis 2:00 Man to Man 3:00 Relapse Prevention
<b>15</b> <b>Super Sunday</b> <b>Fun Day</b> 	<b>16</b> 10:30 Wellness Conversations/Move It 12:00 Communication Skills 2:00 Coping w/Stress 1:00 Anxiety Support 3:00 Woman Rise	<b>17</b> 10:30 Wellness Conversations/Move It 12:00 Setting Boundaries <b>2:00 Emotions Group</b> 3:00 Addiction Spt.	<b>18</b> 10:30 Wellness Conversations/Move It 1:00 Alcohol Recovery 2:00 ADHD Support 3:00 Anger Recovery/ Handling Conflict	<b>19</b> 10:30 Wellness Conversations/Move It <b>12:00 Movie Outing</b> 12:00 Wellness in Art 1:00 LBGTQ Support 3:00 PTSD Support	<b>20</b> 10:30 Wellness Conversations/Move It 12:00 Healthy Relationships 1:00 Positive Thinking <b>2:00 Opiate Recovery</b> <b>3:00 Movie</b>	<b>21</b> 10:30 Wellness Conversations/Move It 12:00 Coping in Crisis 2:00 Man to Man 3:00 Relapse Prevention
<b>22</b> <b>Super Sunday</b> <b>Fun Day</b> 	<b>23</b> 10:30 Wellness Conversations/Move It 12:00 Communication Skills 1:00 Anxiety Support 2:00 Coping w/Stress 3:00 Woman Rise	<b>24</b> 10:30 Wellness Conversations/Move It 12:00 Setting Boundaries <b>1:00 AGB/Code of            Conduct Review: EAST</b> <b>2:00 Emotions Group</b> 3:00 Addiction Spt.	<b>25</b> 10:30 Wellness Conversations/Move It 1:00 Alcohol Recovery 2:00 ADHD Support 3:00 Anger Recovery/ Handling Conflict	<b>26</b> 10:30 Wellness Conversations/Move It 12:00 Wellness in Art 1:00 LBGTQ Support 3:00 PTSD Support	<b>27</b> 10:30 Wellness Conversations/Move It 12:00 Healthy Relationships 1:00 Positive Thinking <b>2:00 Opiate Recovery</b> <b>3:00 Movie</b>	<b>28</b> 10:30 Wellness Conversations/Move It 12:00 Coping in Crisis 2:00 Man to Man 3:00 Relapse Prevention
<b>29</b> <b>Super Sunday</b> <b>Fun Day</b> 	<b>30</b> 10:30 Wellness Conversations/Move It 12:00 Communication Skills 1:00 Anxiety Support 2:00 Coping w/Stress 3:00 Woman Rise			<b>The PEER Center's Annual Recovery Month Celebration</b> <b>"A September to Remember"</b> <b>Celebrating Multiple Pathways of Recovery</b>  <b>Sunday, September 1st</b> <b>1:30pm-4:30pm @ Wolfe Park Shelter House</b> <b>Join Us for DJ, Dancing, Food and Fellowship</b>		