



# A Journey and a Destination. Recovery Happens Here!

# January 2021



860/866 West Broad St  
Columbus, OH 43222  
P: 614.453.4840  
F: 614.453.4845  
www.thepeercenter.org

Hours  
Open Daily:  
9am-4:30pm

Daily Warmline  
614.358.TALK (8255)  
5pm-3am

Daily Activities  
Peer Support  
Socialization  
Resource Center  
Media Center  
Arts & Crafts

Adults Only  
Ages 18+ Only



SUN	MON	TUES	WED	THU	FRI	SAT				
<p>The P.E.E.R. Center appreciates your help and cooperation in order to be open to in-person peer support services. We are here to provide peer support, recovery through multiple pathways, resources and tools to help you meet recovery goals. With new protocols in place, our structure and activities are being modified to better serve you and these purposes. We encourage you to participate in our new open group formats and to seek out and use available resources to meet your recovery and wellness needs.</p>	<p><b>Happy Anniversary!</b> -January 2, 2021- The PEER Center Celebrates 14 Years of Operation!</p>	<p><b>New Years Day</b> 1 <b>Fun Day All Day!</b> <b>HAPPY NEWYEAR</b></p>	<p><b>The PEER Center's 14th Anniversary!</b> 10:00 Wellness Conversations/Move It 12:00 Anxiety Support 2:00 Alcohol/Other Drug Recovery</p>	<p>3 10:00 Wellness Conversations/Move It 12:00 Coping In Crisis 1:00 Movie</p>	<p>4 10:00 Wellness Conversations/Move It 12:00 Cultural Diversity 2:00 Maintaining Mental Health</p>	<p>5 10:00 Wellness Conversations/Move It 12:00 Self Care 3:00 Community Takeaway Meal</p>	<p>6 10:00 Wellness Conversations/Move It 12:00 Relapse Prevention 2:00 Emotions Group</p>	<p>7 10:00 Wellness Conversations/Move It 12:00 Healthy Boundaries 2:00 Coping with Stress</p>	<p>8 10:00 Wellness Conversations/Move It 12:00 Depression Support 2:00 Recovery in Community</p>	<p>9 10:00 Wellness Conversations/Move It 12:00 Anxiety Support 2:00 Alcohol/Other Drug Recovery</p>
<p>10 10:00 Wellness Conversations/Move It 12:00 Coping In Crisis 1:00 Movie <i>Snow is falling and books are calling...</i></p>	<p>11 10:00 Wellness Conversations/Move It 12:00 Cultural Diversity 2:00 Maintaining Mental Health</p>	<p>12 10:00 Wellness Conversations/Move It 12:00 Self Care 3:00 Community Takeaway Meal</p>	<p>13 10:00 Wellness Conversations/Move It 12:00 Relapse Prevention 2:00 Emotions Group</p>	<p>14 10:00 Wellness Conversations/Move It 12:00 Healthy Boundaries 2:00 Coping with Stress</p>	<p>15 10:00 Wellness Conversations/Move It 12:00 Depression Support 2:00 Recovery in Community</p>	<p>16 10:00 Wellness Conversations/Move It 12:00 Anxiety Support 2:00 Alcohol/Other Drug Recovery</p>				
<p>17 10:00 Wellness Conversations/Move It 12:00 Coping In Crisis 1:00 Movie</p>	<p><b>Martin Luther King Day</b> 20 <b>A Day of Service &amp; Giving Back!</b> </p>	<p>19 10:00 Wellness Conversations/Move It 12:00 Self Care 3:00 Community Takeaway Meal</p>	<p>20 10:00 Wellness Conversations/Move It 12:00 Relapse Prevention 2:00 Emotions Group</p>	<p>21 10:00 Wellness Conversations/Move It 12:00 Healthy Boundaries 2:00 Coping with Stress</p>	<p>22 10:00 Wellness Conversations/Move It 12:00 Depression Support 2:00 Recovery in Community</p>	<p>23 10:00 Wellness Conversations/Move It 12:00 Anxiety Support 2:00 Alcohol/Other Drug Recovery</p>				
<p>24/31 10:00 Wellness Conversations/Move It 12:00 Coping In Crisis 1:00 Movie</p>	<p>25 10:00 Wellness Conversations/Move It 12:00 Cultural Diversity 2:00 Maintaining Mental Health</p>	<p>26 10:00 Wellness Conversations/Move It 12:00 Self Care 3:00 Community Takeaway Meal</p>	<p>27 10:00 Wellness Conversations/Move It 12:00 Relapse Prevention 2:00 Emotions Group</p>	<p>28 10:00 Wellness Conversations/Move It 12:00 Healthy Boundaries 2:00 Coping with Stress</p>	<p>29 0:00 Wellness Conversations/Move It 12:00 Depression Support 2:00 Recovery in Community</p>	<p>30 10:00 Wellness Conversations/Move It 12:00 Anxiety Support 2:00 Alcohol/Other Drug Recovery</p>				

Follow The P.E.E.R. Center on All Social Media!

Text 7626 to 614.230.0347 to Donate!