



# A Journey and a Destination. Recovery Happens Here! NOVEMBER 2021



**~West~**

860/866

West Broad St.

Columbus, Ohio 43222

Phone: 614-453-4840

Fax: 614-453-4845

www.thepeercenter.org

~Hours~

Open Daily

9am-5:00pm

~Daily Warmline~

614.358.TALK (8255)

5pm-3am

~Daily Activities~

Peer Support

Socialization

Resource Center

Media Center

Arts & Crafts

~Adults Only~

Ages 18+ Only

SUN	MON	TUES	WED	THUR	FRI	SAT	
	1 10:00 Wellness in Movement 12:00 Alcohol & Other Drug Recovery 2:00 Life Skills	2 10:00 Positive Thinking 12:00 Awareness, Behavior and Change 3:00 Community Takeaway Meal	3 10:00 Self Esteem 12:00 Healthy Boundaries 2:00 Anxiety Support	4 10:00 Progressing in Recovery 12:00 Creative Writing 12:00 AGB/Code of Conduct Review: WEST 2:00 Communication Skills	5 10:00 Depression Support 12:00 Self Care 2:00 Healing from Trauma	6 10:00 Setting Goals 12:00 Relapse Prevention 2:00 Coping Skills 	
7 10:00 Wellness Conversations 12:00 Recovering In Community 1:00 Pizza Party 2:00 Movie 	8 10:00 Cultural Diversity 12:00 Alcohol & Other Drug Recovery 2:00 All-Associate Round Table & Birthday Bash	9 10:00 Positive Thinking 12:00 Awareness, Behavior and Change 3:00 Community Takeaway Meal	10 10:00 Self Esteem 12:00 Healthy Boundaries 2:00 Anxiety Support	11 10:00 Progressing in Recovery 12:00 Creative Writing 2:00 Communication Skills	12 10:00 Depression Support 12:00 Self Care 2:00 Healing from Trauma	13 10:00 Setting Goals 12:00 Relapse Prevention 2:00 Coping Skills 	
14 10:00 Wellness Conversations 12:00 Recovering In Community 1:00 Pizza Party 2:00 Movie 	15 10:00 Wellness in Movement 12:00 Alcohol & Other Drug Recovery 2:00 Life Skills	16 10:00 Positive Thinking 12:00 Awareness, Behavior and Change 3:00 Community Takeaway Meal	17 10:00 Self Esteem 12:00 Healthy Boundaries 2:00 Anxiety Support	18 10:00 Progressing in Recovery 12:00 Creative Writing 12:00 AGB/Code of Conduct Review: WEST 2:00 Communication Skills	19 10:00 Depression Support 12:00 Self Care 2:00 Healing from Trauma	20 10:00 Setting Goals 12:00 Relapse Prevention 2:00 Coping Skills 	
21 10:00 Wellness Conversations 12:00 Recovering In Community 1:00 Pizza Party 2:00 Movie 	22 10:00 Cultural Diversity 12:00 Alcohol & Other Drug Recovery 2:00 Life Skills	23 10:00 Positive Thinking 12:00 Awareness, Behavior and Change 3:00 Community Takeaway Meal	24 10:00 Self Esteem 12:00 Healthy Boundaries 2:00 Anxiety Support	25 12:00 Thanksgiving Day Celebration All Day Fun Day 	26 10:00 Depression Support 12:00 Self Care 2:00 Healing from Trauma	27 10:00 Setting Goals 12:00 Relapse Prevention 2:00 Coping Skills 	
28 10:00 Wellness Conversations 12:00 Recovering In Community 1:00 Pizza Party 2:00 Movie 	29 10:00 Wellness in Movement 12:00 Alcohol & Other Drug Recovery 2:00 Life Skills	30 10:00 Positive Thinking 12:00 Awareness, Behavior and Change 3:00 Community Takeaway Meal				We have lifted our capacity guidelines and have resumed our socialization and recreational opportunities. Masks are still required!  We hope to see you soon!	



Follow The P.E.E.R. Center on All Social Media!



Text 7626 to 614.230.0347 to Donate!