

December 2021

**A Journey and a Destination.
Recovery Happens Here!**



SUN	MON	TUES	WED	THURS	FRI	SAT
<p>Happy Hanukkah Merry Christmas Happy Winter Solstice Kwanzaa</p>			<p>1 10:00 Self Care 2:00 Resource Sharing 5:00 Alcohol / Other Drug Recovery</p>	<p>2 10:00 Recovery Tools 12:00 AGB/COC Review - West 2:00 Coping With Stress 3:00 Community Takeaway Meal 5:00 Dual Diagnosis</p>	<p>3 10:00 MH / AOD Peer Recovery 2:00 Cultural Diversity 5:00 Recovery Lifestyle</p>	<p>4 10:00 Creative Writing 2:00 Managing Life in Recovery 5:00 Depression Support</p>
<p>5 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Chicken Dinner</p>	<p>6 Hanukkah Ends 10:00 Recovery Goals 2:00 Maintaining Mental Health 5:00 Emotions Group</p>	<p>7 10:00 Anger Recovery 2:00 PEERspirit 5:00 Relapse Prevention</p>	<p>8 Bodhi Day 10:00 Self Care 2:00 All Associate Round Table & Birthday Bash 5:00 Alcohol / Other Drug Recovery</p>	<p>9 10:00 Recovery Tools 2:00 Coping With Stress 3:00 Community Takeaway Meal 5:00 Dual Diagnosis</p>	<p>10 10:00 MH / AOD Peer Recovery 2:00 Cultural Diversity 5:00 Recovery Lifestyle</p>	<p>11 10:00 Creative Writing 2:00 Managing Life in Recovery 5:00 Depression Support</p>
<p>12 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Pizza Party</p>	<p>13 10:00 Recovery Goals 2:00 Maintaining Mental Health 5:00 Emotions Group</p>	<p>14 10:00 Anger Recovery 2:00 PEERspirit 5:00 Relapse Prevention</p>	<p>15 10:00 Self Care 2:00 Resource Sharing 5:00 Alcohol / Other Drug Recovery</p>	<p>16 10:00 Recovery Tools 12:00 AGB/COC Review - West 2:00 Coping With Stress 3:00 Community Takeaway Meal 5:00 Dual Diagnosis</p>	<p>17 10:00 MH / AOD Peer Recovery 2:00 Cultural Diversity 5:00 Recovery Lifestyle</p>	<p>18 10:00 Creative Writing 2:00 Managing Life in Recovery 5:00 Depression Support</p>
<p>19 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Chicken Dinner</p>	<p>20 10:00 Recovery Goals 2:00 Maintaining Mental Health 5:00 Emotions Group</p>	<p>21 Winter Solstice 10:00 Anger Recovery 2:00 PEERspirit 5:00 Relapse Prevention</p>	<p>22 10:00 Self Care 2:00 Resource Sharing 5:00 Alcohol / Other Drug Recovery</p>	<p>23 10:00 Recovery Tools 2:00 Coping With Stress 3:00 Community Takeaway Meal 5:00 Dual Diagnosis</p>	<p>24 Christmas Eve All Day Fun Day 9:00am—7:00pm</p>	<p>25 Christmas Day 12:00 Holiday Celebration 9:00am—7:00pm</p>
<p>26 Kwanzaa 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Pizza Party</p>	<p>27 10:00 Recovery Goals 2:00 Maintaining Mental Health 5:00 Emotions Group</p>	<p>28 10:00 Anger Recovery 2:00 PEERspirit 5:00 Relapse Prevention</p>	<p>29 10:00 Self Care 2:00 Resource Sharing 5:00 Alcohol / Other Drug Recovery</p>	<p>30 10:00 Recovery Tools 2:00 Coping With Stress 3:00 Community Takeaway Meal 5:00 Dual Diagnosis</p>	<p>31 New Year's Eve All Day Fun Day 9:00am—7:00pm</p>	<p>We have lifted our capacity guidelines and have resumed our socialization and recreational opportunities. Masks are still required! We hope to see you soon!</p>

~EAST~

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~Hours~
Open Daily: 9am-9pm
Holidays: 9am-7pm

~Daily Warmline~
614.353.TALK (8255)
5pm-3am

~Daily Activities~
Peer Support
Socialization
Resource Center
Media Center
Arts & Crafts

~Adults Only~
Ages 18+ Only

A Place Where EVERYONE MATTERS!



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