





A Journey and a Destination.  
Recovery Happens Here!

# January 2022

**SUN MON TUE WED THU FRI SAT**



**Happy Anniversary!**  
January 2, 2022-  
The PEER Center  
Celebrates 15 Years  
of Operations!




**WINTER FUN!**

We have lifted our capacity guidelines and have resumed our socialization and recreational opportunities. Masks are still required!

We hope to see you soon!

New Years Day **1**

**Fun Day All Day!**



<p><b>The PEER Center's 15th Anniversary!</b> 10:00 Wellness Conversations 12:00 Recovering In Community 1:00 Pizza Party 2:00 Movie</p> <p><b>2</b></p>	<p><b>10:00 Cultural Diversity</b> 12:00 Alcohol &amp; Other Drug Recovery 2:00 Life Skills</p> <p><b>3</b></p>	<p><b>10:00 Positive Thinking</b> 12:00 Awareness, Behavior and Change 3:00 Community Takeaway Meal</p> <p><b>4</b></p>	<p><b>10:00 Self Esteem</b> 12:00 Healthy Boundaries 2:00 Anxiety Support</p> <p><b>5</b></p>	<p><b>10:00 Progressing in Recovery</b> 12:00 Creative Writing 12:00 AGB/Code of Conduct Review: WEST 2:00 Communication Skills</p> <p><b>6</b></p>	<p><b>10:00 Depression Support</b> 12:00 Self Care 2:00 Healing from Trauma</p> <p><b>7</b></p>	<p><b>10:00 Setting Goals</b> 12:00 Relapse Prevention 2:00 Coping Skills</p> <p><b>8</b></p>
<p><b>10:00 Wellness Conversations</b> 12:00 Recovering In Community 1:00 Pizza Party 2:00 Movie</p> <p><b>9</b></p>	<p><b>10:00 Cultural Diversity</b> 12:00 Alcohol &amp; Other Drug Recovery 2:00 All-Associate Round Table &amp; Birthday Bash</p> <p><b>10</b></p>	<p><b>10:00 Positive Thinking</b> 12:00 Awareness, Behavior and Change 3:00 Community Takeaway Meal</p> <p><b>11</b></p>	<p><b>10:00 Self Esteem</b> 12:00 Healthy Boundaries 2:00 Anxiety Support</p> <p><b>12</b></p>	<p><b>10:00 Progressing in Recovery</b> 12:00 Creative Writing 2:00 Communication Skills</p> <p><b>13</b></p>	<p><b>10:00 Depression Support</b> 12:00 Self Care 2:00 Healing from Trauma</p> <p><b>14</b></p>	<p><b>10:00 Setting Goals</b> 12:00 Relapse Prevention 2:00 Coping Skills</p> <p><b>15</b></p>
<p><b>10:00 Wellness Conversations</b> 12:00 Recovering In Community 1:00 Pizza Party 2:00 Movie</p> <p><b>16</b></p>	<p><b>Martin Luther King Day</b> <b>A Day of Service &amp; Giving Back!</b></p>  <p><b>17</b></p>	<p><b>10:00 Positive Thinking</b> 12:00 Awareness, Behavior and Change 3:00 Community Takeaway Meal</p> <p><b>18</b></p>	<p><b>Opening at 11:00am due to Staff Training and Development</b> 12:00 Healthy Boundaries 2:00 Anxiety Support</p> <p><b>19</b></p>	<p><b>10:00 Progressing in Recovery</b> 12:00 Creative Writing 12:00 AGB/Code of Conduct Review: WEST 2:00 Communication</p> <p><b>20</b></p>	<p><b>10:00 Depression Support</b> 12:00 Self Care 2:00 Healing from Trauma</p> <p><b>21</b></p>	<p><b>10:00 Setting Goals</b> 12:00 Relapse Prevention 2:00 Coping Skills</p> <p><b>22</b></p>
<p><b>10:00 Wellness Conversations</b> 12:00 Recovering In Community 1:00 Pizza Party 2:00 Movie</p> <p><b>23</b></p>	<p><b>10:00 Cultural Diversity</b> 12:00 Alcohol &amp; Other Drug Recovery 2:00 Life Skills</p> <p><b>24</b></p>	<p><b>10:00 Positive Thinking</b> 12:00 Awareness, Behavior and Change 3:00 Community Takeaway Meal</p> <p><b>25</b></p>	<p><b>10:00 Self Esteem</b> 12:00 Healthy Boundaries 2:00 Anxiety Support</p> <p><b>26</b></p>	<p><b>10:00 Progressing in Recovery</b> 12:00 Creative Writing 2:00 Communication Skills</p> <p><b>27</b></p>	<p><b>10:00 Depression Support</b> 12:00 Self Care 2:00 Healing from Trauma</p> <p><b>28</b></p>	<p><b>10:00 Setting Goals</b> 12:00 Relapse Prevention 2:00 Coping Skills</p> <p><b>29</b></p>

**10:00 Wellness Conversations**  
12:00 Recovering In Community  
1:00 Pizza Party  
2:00 Movie

**30**

**10:00 Cultural Diversity**  
12:00 Alcohol & Other Drug Recovery  
2:00 Life Skills

**31**



Let It SNOW



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P: 614.453.4840  
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Hours  
Open Daily:  
9am-5pm

Daily Warmline  
614.358.TALK (8255)  
5pm-3am

Daily Activities  
Peer Support  
Socialization  
Resource Center  
Media Center  
Arts & Crafts

Adults Only  
Ages 18+ Only

