

JUNE 2022

**A Journey and a Destination.
Recovery Happens Here!**



SUN	MON	TUES	WED	THURS	FRI	SAT
			1 10:00 Self Care 2:00 Resource Sharing 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery	2 10:00 Recovery Tools 12:00 AGB/COC Review - West 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	3 10:00 Communication Skills 2:00 Job Skills 4:00 Bipolar Support 7:00 Recovery Lifestyle	4 10:00 Creative Writing 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
5 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Chicken Dinner 7:00 Coping With Addiction 	6 10:00 Coping Skills 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	7 10:00 Recovery Goals 2:00 PEERspirit 4:00 Man to Man 7:00 Relapse Prevention	8 10:00 Self Care 2:00 All Associate Round Table & Birthday Bash 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery 	9 10:00 Recovery Tools 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	10 10:00 Communication Skills 2:00 Job Skills 4:00 Bipolar Support 7:00 Recovery Lifestyle	11 10:00 Creative Writing 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
12 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Pizza Party 7:00 Coping With Addiction 	13 10:00 Coping Skills 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	14 10:00 Recovery Goals 2:00 Cultural Diversity 4:00 Man to Man 7:00 Relapse Prevention	15 10:00 Self Care 2:00 Resource Sharing 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery	16 10:00 Recovery Tools 12:00 AGB/COC Review - West 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	17 10:00 Communication Skills 2:00 Job Skills 4:00 Bipolar Support 7:00 Recovery Lifestyle	18 OPEN at 11:00am Due to Staff Training & Development 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
19 Father's Day 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Chicken Dinner 7:00 Coping With Addiction 	20 10:00 Coping Skills 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	21 Summer Begins 10:00 Recovery Goals 2:00 PEERspirit 4:00 Man to Man 7:00 Relapse Prevention 	22 10:00 Self Care 2:00 Resource Sharing 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery	23 10:00 Recovery Tools 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	24 10:00 Communication Skills 2:00 Job Skills 2:30 FEDEX Meal & Employment Info 4:00 Bipolar Support 7:00 Recovery Lifestyle	25 10:00 Creative Writing 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
26 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Pizza Party 7:00 Coping With Addiction 	27 10:00 Coping Skills 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	28 10:00 Recovery Goals 2:00 Cultural Diversity 4:00 Man to Man 7:00 Relapse Prevention	29 10:00 Self Care 2:00 Resource Sharing 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery	30 10:00 Recovery Tools 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	<p align="center"> Join TPC and FEDEX on June 24th at 2:30pm FEDEX Will Be at EAST to Provide Employment Information & Meal First Come, First Served! </p>	

~EAST~

**205 N. Hamilton Rd.
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www.thepeercenter.org**

~Hours~
Open Daily: 9am-3pm
Holidays: 9am-7pm

~Daily Warmline~
614.358.TALK (8255)
5pm-3am

~Daily Activities~
Peer Support
Socialization
Resource Center
Media Center
Arts & Crafts

~Adults Only~
Ages 18+ Only

A Place Where EVERYONE MATTERS!

June

Follow The P.E.E.R. Center on All Social Media! Text 7626 to 614.230.0347 to Donate!

