





August 2022

A Journey and a Destination.
Recovery Happens Here!



SUN	MON	TUES	WED	THURS	FRI	SAT
	1 10:00 Coping Skills 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	2 10:00 Recovery Goals 2:00 Job Skills 4:00 Man to Man 7:00 Relapse Prevention	3 10:00 Self Care 2:00 Resource Sharing 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery	4 10:00 Recovery Tools 12:00 AGB/COC Review - Canceled 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	5 10:00 Communication Skills 2:00 PEERspirit 4:00 Bipolar Support 7:00 Recovery Lifestyle	6 10:00 Creative Writing 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
7 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Pizza Party 7:00 Coping With Addiction	8 10:00 Coping Skills 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	9 10:00 Recovery Goals 2:00 Job Skills 4:00 Man to Man 7:00 Relapse Prevention	10 10:00 Self Care 2:00 All Associate Round Table & Birthday Bash 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery 	11 10:00 Recovery Tools 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	12 10:00 Communication Skills 2:00 Cultural Diversity 4:00 Bipolar Support 7:00 Recovery Lifestyle	13 10:00 Creative Writing 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
14 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Chicken Dinner 7:00 Coping With Addiction	15 10:00 Coping Skills 11:00 Bowling Outing 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	16 10:00 Recovery Goals 2:00 Job Skills 4:00 Man to Man 7:00 Relapse Prevention	17 10:00 Self Care 2:00 Resource Sharing 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery	18 10:00 Recovery Tools 12:00 AGB/COC Review - West 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	19 10:00 Communication Skills 2:00 PEERspirit 4:00 Bipolar Support 7:00 Recovery Lifestyle	20 OPEN at 11:00am Due to Staff Training & Development 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
21 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Pizza Party 7:00 Coping With Addiction	22 10:00 Coping Skills 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	23 10:00 Recovery Goals 2:00 Job Skills 4:00 Man to Man 7:00 Relapse Prevention	24 10:00 Self Care 2:00 Resource Sharing 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery	25 10:00 Recovery Tools 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	26 10:00 Communication Skills 2:00 Cultural Diversity 4:00 Bipolar Support 7:00 Recovery Lifestyle	27 10:00 Creative Writing 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
28 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Chicken Dinner 7:00 Coping With Addiction	29 10:00 Coping Skills 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	30 10:00 Recovery Goals 2:00 Job Skills 4:00 Man to Man 7:00 Relapse Prevention	31 10:00 Self Care 2:00 Resource Sharing 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery			

~EAST~

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~Hours~
Open Daily: 9am-9pm
Holidays: 9am-7pm

~Daily Warmline~
614.353.TALK (8255)
5pm-3am

~Daily Activities~
Peer Support
Socialization
Resource Center
Media Center
Arts & Crafts

~Adults Only~
Ages 18+ Only

A Place Where **EVERYONE MATTERS!**



Follow The P.E.E.R. Center on All Social Media! Text 7626 to 614.230.0347 to Donate!