

September 2022

A Journey and a Destination.
Recovery Happens Here!



SUN	MON	TUES	WED	THURS	FRI	SAT
		September is Recovery Month! Join us at WEST to Celebrate "Yes We Can Recover!" Sunday, September 4th 12pm—3pm Raffles Barbies Food Games Phones Music Clothes & Toiletries		1 10:00 Recovery Tools 12:00 AGB/COC Review - West 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	2 10:00 Communication Skills 2:00 PEERspirit 4:00 Bipolar Support 7:00 Recovery Lifestyle	3 10:00 Creative Writing 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
4 The S.O.A.R. Foundation Presents Recovery Month Celebration @ WEST OPEN 8am—6pm EAST CLOSED Transporting from East to West 10:30am	5 Labor Day All Day Fun Day! 	6 10:00 Recovery Goals 2:00 Job Skills 4:00 Man to Man 7:00 Relapse Prevention	7 10:00 Self Care 2:00 Resource Sharing 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery	8 10:00 Recovery Tools 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	9 10:00 Communication Skills 2:00 Cultural Diversity 4:00 Bipolar Support 7:00 Recovery Lifestyle	10 10:00 Creative Writing 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
11 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Chicken Dinner 7:00 Coping With Addiction 	12 10:00 Coping Skills 11:00 Movie Outing 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	13 10:00 Recovery Goals 2:00 Job Skills 4:00 Man to Man 7:00 Relapse Prevention	14 10:00 Self Care 2:00 All Associate Round Table & Birthday Bash 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery HAPPY BIRTHDAY	15 10:00 Recovery Tools 12:00 AGB/COC Review - West 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	16 10:00 Communication Skills 2:00 PEERspirit 4:00 Bipolar Support 7:00 Recovery Lifestyle	17 OPEN at 11:00am Due to Staff Training & Development 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
18 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Pizza Party 7:00 Coping With Addiction 	19 10:00 Coping Skills 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	20 10:00 Recovery Goals 2:00 Job Skills 4:00 Man to Man 7:00 Relapse Prevention	21 10:00 Self Care 2:00 Resource Sharing 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery	22 10:00 Recovery Tools 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	23 10:00 Communication Skills 2:00 Cultural Diversity 4:00 Bipolar Support 7:00 Recovery Lifestyle	24 10:00 Creative Writing 12:00 Buckeye Bash! 2:00 Handling Conflict 4:00 Anxiety Support 7:00 Depression Support
25 11:00 Growing in Wellness 1:00 Recovery in Community 3:00 Chicken Dinner 7:00 Coping With Addiction 	26 10:00 Coping Skills 2:00 Life Skills 4:00 Women Rise 7:00 Emotions Group	27 10:00 Recovery Goals 2:00 Job Skills 4:00 Man to Man 7:00 Relapse Prevention	28 10:00 Self Care 2:00 Resource Sharing 4:00 Wellness Tips 7:00 Alcohol / Other Drug Recovery	29 10:00 Recovery Tools 2:00 Coping With Stress 3:00 Community Takeaway Meal 7:00 Dual Diagnosis	30 10:00 Communication Skills 2:00 Cultural Diversity 4:00 Bipolar Support 7:00 Recovery Lifestyle	

~EAST~

205 N. Hamilton Rd.
Columbus, OH 43213
P: 614.453.4830
F: 614.453.4845
www.thepeercenter.org

~Hours~
Open Daily: 9am-3pm
Holidays: 9am-7pm

~Daily Warmline~
614.358.TALK (8255)
5pm-3am

~Daily Activities~
Peer Support
Socialization
Resource Center
Media Center
Arts & Crafts

~Adults Only~
Ages 18+ Only

A Place Where
EVERYONE MATTERS!



Follow The P.E.E.R. Center on All Social Media!

Text 7626 to 614.230.0347 to Donate!

