



A Journey and a Destination. Recovery Happens Here!

March 2023

SUN MON TUES WED THU FRI SAT



1
10:00 Coping w/ Stress
12:00 Healthy Boundaries
2:00 Recovering In Community

2
10:00 Motivation For Change
12:00 AGB/Code of Conduct Review: **WEST**
2:00 Women Rise
3:00 Communication Skills

3
10:00 Self Esteem
12:00 Anger Recovery
2:00 Healing from Trauma

4
10:00 Setting Goals
12:00 Relapse Prevention
2:00 Man 2 Man



5
Sunday Fun Day
1:00 PEERcafe: Pizza Party
2:00 Movie



6
10:00 Schizophrenia Support
12:00 AOD & MH Recovery
2:00 Happiness Is...

7
10:00 Depression Support
12:00 Wellness In Art
3:00 Community Takeaway Meal

8
International Women's Day
10:00 Coping w/ Stress
12:00 Healthy Boundaries
2:00 Recovering In Community

9
10:00 Motivation For Change
2:00 Women Rise
3:00 Communication Skills

10
10:00 Self Esteem
12:00 Anger Recovery
2:00 Healing from Trauma

11
10:00 Setting Goals
12:00 Relapse Prevention
2:00 Man 2 Man



12
Daylight Saving Time Begins
Sunday Fun Day
1:00 PEERcafe: Pizza Party
2:00 Movie



13
10:00 Schizophrenia Support
12:00 AOD & MH Recovery
2:00 All-Associate Round Table & Birthday Bash



14
10:00 Depression Support
12:00 Wellness In Art
3:00 Community Takeaway Meal

15
10:00 Coping w/ Stress
12:00 Healthy Boundaries
2:00 Recovering In Community

16
10:00 Motivation For Change
12:00 AGB/Code of Conduct Review: **WEST**
2:00 Women Rise
3:00 Communication Skills

17
Saint Patrick's Day!
10:00 Self Esteem
12:00 Anger Recovery
2:00 Healing from Trauma

Happy St. Patrick's Day



18
Open 12:00pm Due to Staff Training and Development
2:00 Man 2 Man



19
Sunday Fun Day
1:00 PEERcafe: Pizza Party
2:00 Movie



20
Spring Begins
10:00 Schizophrenia Support
12:00 AOD & MH Recovery
2:00 Happiness Is...

21
10:00 Depression Support
12:00 Wellness In Art
3:00 Community Takeaway Meal

22
10:00 Coping w/ Stress
12:00 Healthy Boundaries
2:00 Recovering In Community

23
10:00 Motivation For Change
2:00 Women Rise
3:00 Communication Skills

24
10:00 Self Esteem
12:00 Anger Recovery
2:00 Healing from Trauma

25
10:00 Setting Goals
12:00 Relapse Prevention
2:00 Man 2 Man



26
Sunday Fun Day
1:00 PEERcafe: Pizza Party
2:00 Movie



27
10:00 Schizophrenia Support
12:00 AOD & MH Recovery
2:00 Happiness Is...

28
10:00 Depression Support
12:00 Wellness In Art
3:00 Community Takeaway Meal

29
10:00 Coping w/ Stress
12:00 Healthy Boundaries
2:00 Recovering In Community

30
10:00 Motivation For Change
2:00 Women Rise
3:00 Communication Skills

31
10:00 Self Esteem
12:00 Anger Recovery
2:00 Healing from Trauma

TPC Virtual:
- Many Pathways - Online Group
1st Thursdays Monthly at 7:00pm
Registration Link:
<https://tinyurl.com/cx7p2xn>

860/866 West Broad St
Columbus, OH 43222
P: 614.453.4840
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www.thepeercenter.org

~Hours~
Open Daily:
9am-5:00pm

~Daily Warmline~
614.358.TALK (8255)
5pm-3am

~Daily Activities~
Peer Support
Socialization
Resource Center
Media Center
Arts & Crafts

~Adults Only~
Ages 18+ Only



Follow The P.E.E.R. Center on All Social Media!

Text 7626 to 614.230.0347 to Donate!