



A Journey and a Destination. Recovery Happens Here!

May 2023

WEST

860/866 West Broad St
Columbus, OH 43222
P: 614.453.4840
F: 614.453.4845
www.thepeercenter.org

-Hours-
Open Daily:
9am-5:00pm

-Daily Warmline-
614.358.TALK (9255)
5pm-3am

-Daily Activities-
Peer Support
Socialization
Resource Center
Media Center
Arts & Crafts

-Adults Only-
Ages 18+ Only

**A Place Where
EVERYONE
MATTERS!**



SUN	MON	TUES	WED	THU	FRI	SAT
<p>Still Here, Still Strong Sweet 16!</p> <p>May 23rd 6:30pm Musical Performance Fundraising Event! Natalie's Grandview</p> <p>Featuring: Priscilla Woodson MC Gabe Howard</p>	<p>1</p> <p>10:00 Schizophrenia Support 12:00 Coping With Stress 2:00 Happiness Is...</p>	<p>2</p> <p>10:00 Healthy Boundaries 12:00 Wellness in Art 3:00 Community Takeaway Meal</p>	<p>3</p> <p>10:00 AOD/MH Recovery 12:00 Recovery in Community 2:00 Depression Support</p>	<p>4</p> <p>Day of Prayer</p> <p>10:00 Motivation For Change 12:00 Women Rise 12:00 AGB/COC Review - West 2:00 Women Rise 3:00 Communication Skills</p>	<p>5</p> <p>Cinco De Mayo</p> <p>10:00 Self Esteem 12:00 Anger Recovery 2:00 Healing from Trauma</p>	<p>6</p> <p>10:00 Setting Goals 12:00 Relapse Prevention 2:00 Man 2 Man</p>
<p>7</p> <p>Sunday Fun Day 1:00 PEERcafe: Pizza Party 2:00 Movie</p>	<p>8</p> <p>10:00 Schizophrenia Support 12:00 Coping With Stress 2:00 All-Associate Round Table & Birthday Bash</p>	<p>9</p> <p>10:00 Healthy Boundaries 12:00 Wellness in Art 3:00 Community Takeaway Meal</p>	<p>10</p> <p>10:00 AOD/MH Recovery 12:00 Recovery in Community 2:00 Depression Support</p>	<p>11</p> <p>10:00 Motivation For Change 2:00 Women Rise 3:00 Communication Skills</p>	<p>12</p> <p>10:00 Self Esteem 12:00 Anger Recovery 2:00 Healing from Trauma</p>	<p>13</p> <p>10:00 Setting Goals 12:00 Relapse Prevention 2:00 Man 2 Man</p>
<p>14</p> <p>Mother's Day Sunday Fun Day 1:00 PEERcafe: Pizza Party 2:00 Movie</p>	<p>15</p> <p>10:00 Schizophrenia Support 11:00 Bowling Outing 12:00 Coping With Stress 2:00 Happiness Is...</p>	<p>16</p> <p>10:00 Healthy Boundaries 12:00 Wellness in Art 3:00 Community Takeaway Meal</p>	<p>17</p> <p>10:00 AOD/MH Recovery 12:00 Recovery in Community 2:00 Depression Support</p>	<p>18</p> <p>10:00 Motivation For Change 12:00 Women Rise 12:00 AGB/COC Review - West 2:00 Women Rise 3:00 Communication Skills</p>	<p>19</p> <p>10:00 Self Esteem 12:00 Anger Recovery 2:00 Healing from Trauma</p>	<p>20</p> <p>OPEN At 11am due to Staff Training & Development</p> <p>12:00 Relapse Prevention 2:00 Man 2 Man</p>
<p>21</p> <p>Sunday Fun Day 1:00 PEERcafe: Pizza Party 2:00 Movie</p>	<p>22</p> <p>10:00 Schizophrenia Support 12:00 Coping With Stress 2:00 Happiness Is...</p>	<p>23</p> <p>10:00 Healthy Boundaries 12:00 Wellness in Art 3:00 Community Takeaway Meal</p>	<p>24</p> <p>10:00 AOD/MH Recovery 12:00 Recovery in Community 2:00 Depression Support</p>	<p>25</p> <p>10:00 Motivation For Change 2:00 Women Rise 3:00 Communication Skills</p>	<p>26</p> <p>10:00 Self Esteem 12:00 Anger Recovery 2:00 Healing from Trauma</p>	<p>27</p> <p>10:00 Setting Goals 12:00 Relapse Prevention 2:00 Man 2 Man</p>
<p>28</p> <p>West Center Opens at 8:00am for Transportation to and from the East Center The S.O.A.R. Foundation-Party With A Purpose! Celebration for Recovery! 12:00pm-3:00pm West Center Will Not Re-Open.</p>	<p>29</p> <p>Memorial Day All Day Fun Day!</p>	<p>30</p> <p>10:00 Healthy Boundaries 12:00 Wellness in Art 3:00 Community Takeaway Meal</p>	<p>31</p> <p>10:00 AOD/MH Recovery 12:00 Recovery in Community 2:00 Depression Support</p>	<p>TPC Virtual: - Many Pathways - Online Group 1st Thursdays Monthly at 7:00pm Registration Link: https://tinyurl.com/cyx7p2xn</p>	<p>MAY IS MENTAL HEALTH MONTH</p> <p>TAKE SOME TIME TO LOOK AROUND, LOOK WITHIN MHNATIONAL.ORG/MAY</p>	

Follow The P.E.E.R. Center on All Social Media! Text 7626 to 614.230.0347 to Donate!